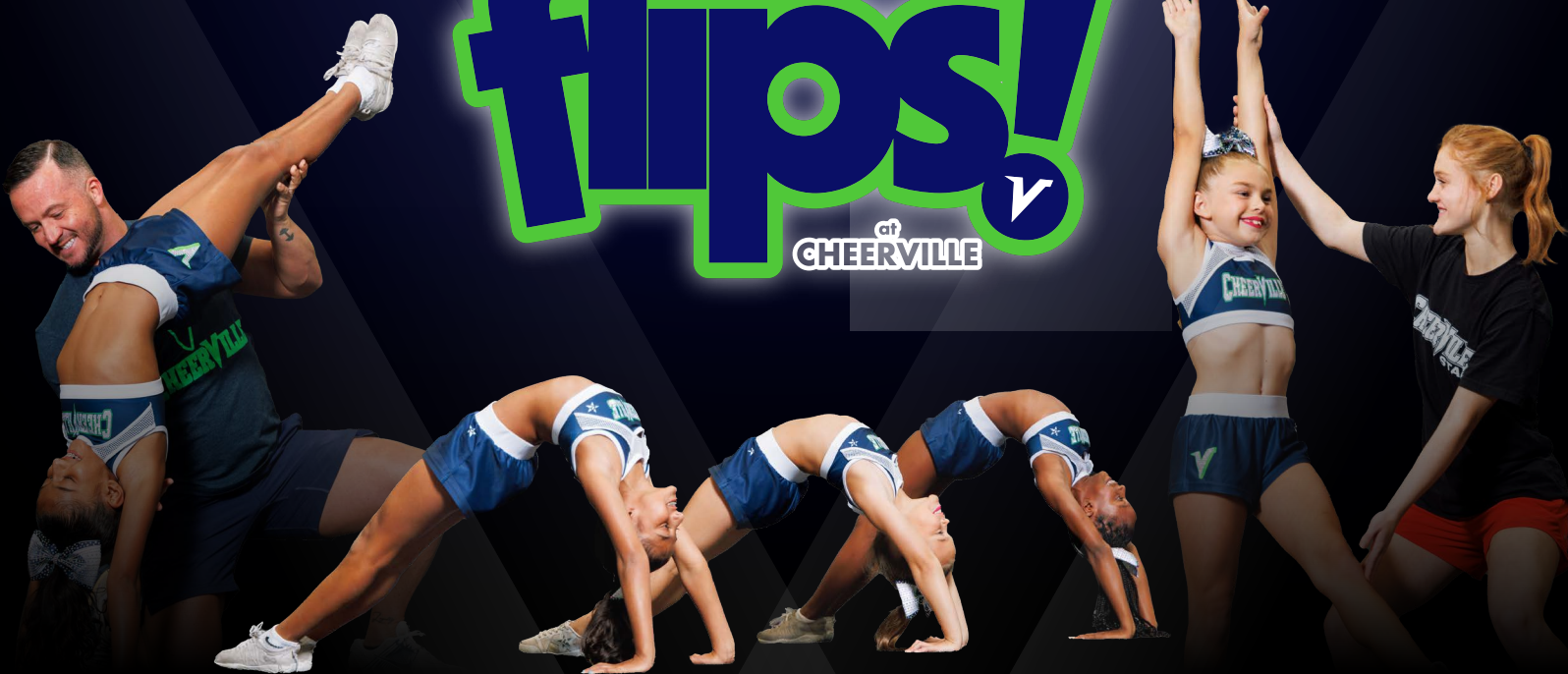


Your First Step to Becoming an Athlete

flips!

at
CHEERVILLE



CHEERVILLE

Classes For All Ages & Experience Levels at a CheerVille Location Near You

Madison, AL - 256.232.7650
119 Jetplex Circle, Madison, AL 35758

Bowling Green, KY - 270.842.9222
115A Chester Ct, Bowling Green, KY 42103

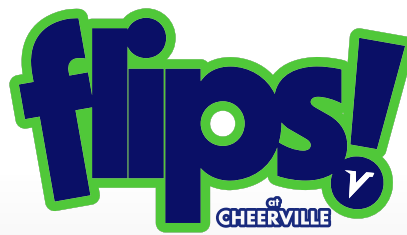
Gallatin, TN - 615.606.1510
1022A Freedom Church Rd, Gallatin, TN 37066

Hendersonville, TN - 629.279.4815
156 Bonita Parkway, Hendersonville, TN 37075

Mt. Juliet, TN - 615.543.1909
5510E Division St, Mount Juliet, TN 37122

Nolensville, TN - 615.420.5908
7404 Tennessee Excavating Dr., Nolensville, TN 37135

North Canton, OH - 330.896.6599
7237 Whipple Ave, North Canton, OH 44720



5 Benefits of Participating in Youth Sports

1

Improved Academic Performance Rate

Participation in athletics during one's school years leads to greater success in academics and beyond. This can manifest in the following ways: Up to 40% higher test scores, better overall academic, higher GPAs, lower school dropout rates, and a statistically higher likelihood of attending post-graduate education.



2

Building Bonds Through Youth Sports

Children who participate in youth sports tend to develop stronger peer relationships. Team sports require cooperation with others in order to achieve a mutual goal. This helps the focus become more external in nature, enabling participants to learn the type of bonding and team-building skills that will be necessary throughout their whole lives.



3

Psychological Benefits of Youth Sports

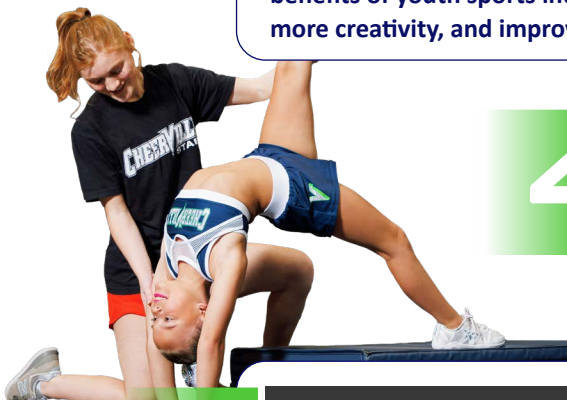
There is strong evidence that participation in sports during formative years can have a strong positive effect. Some of the psychological benefits of youth sports include: lower stress levels, greater confidence, more creativity, and improved cognitive performance.



4

Increased Social Abilities with Peers

In a recent study, 80% of parents believe that sports helped their child learn about discipline and dedication, as well as how to get along with peer groups and in social environments.



5

Building Opportunities for the Future

The increased levels of attainment that come with child development through sports extend well beyond the classroom and later into life. Research suggests that former student athletes are more productive at work and see as much as 7%–8% higher annual earnings than those who did not participate in youth sports.





FIRST CLASS IS FREE!

Introducing Flips! recreational tumbling programs, where we are dedicated to developing athletes to reach their maximum potential in tumbling. Our enriched program focuses on positive coaching to boost both confidence and skills in every child. Whether your child is mastering the fundamentals of tumbling or honing elite skills, our expert staff employs a range of drill-based structures tailored to meet your athlete's specific needs.



Flips! Tumble Program

Registration	\$40 annually
Tuition	\$75 monthly
Duration	1 hour weekly

Enroll into a FREE Trial Class at CheerVille

To sign-up for a FREE Trial Tumble Class, follow these steps:

- Select the Parent Portal at www.CheerVille.com.
- Create an account for your athlete.
- Locate "Enroll" and find a class best for your schedule.
- Select Trial Class.

INVOICE & PAYMENTS

CheerVille requires a card to be on file for auto draft. We will run your payment on the 1st of every month. You may make your payment prior to the first if you do not wish for your fees to be drafted using the card on file.

You will be emailed a statement on the 25th of each month as a reminder of the fees that will come out on the 1st. If your payment is declined, you will receive an email and/or a phone call. **If your account remains past due, your athlete will be asked to sit out of class until the balance is paid.** *If you know in advance that a payment may need to be paid a few days late, email Michelle Rogers (mrorgers@cheerville.com) so she can note your account.* **Late fees may apply.**

WHICH CLASS IS RIGHT FOR MY CHILD?

FLIPS!
TINY TUMBLE



FLIPS!
FUNDAMENTALS



FLIPS!
BEGINNER



FLIPS!
INTERMEDIATE



FLIPS!
ADVANCED

Ages 3-5

Ages 6+

Class placement will be based off of skill observation in a trial class. After the class, your instructor will introduce themselves and provide feedback on how your child did in class. They will confirm which class is best for your athlete and guide you to the front desk to enroll into a weekly class.



Flips! Tiny Tumble Class

Ages 3-5

No Experience Needed

This class focuses on providing a fun and educational experience for children ages 3-5 years old. Tiny Tumble will introduce a beginner level of tumbling for children to master the foundational shapes to prepare them for a more skill-intensive class. Each class will be guided by a tumbling instructor and teach proper stretching, include a trampoline warm up, and drill strength-based shapes and introductory tumbling skills.

Skills Trained:

LUNGE
LEVER
L-STAND
TABLE TOP
SUPERMAN
HANDSTAND
FORWARD ROLL
BACKWARD ROLL
PUSH UP TO BRIDGE
CARTWHEEL



Flips! Fundamentals Class

Ages 6+

No Experience Needed

In Flips! Fundamentals, athletes will begin developing shapes and strength, while learning the love of tumbling. This class will instruct rolls, handstands, cartwheels, and bridges. Athletes will set a strong foundation in this class to prepare them to acquire more advance skills such as front and back walkovers. During your free trial class, this class will determine the appropriate level for your athlete. The instructor will provide a recommendation for the correct class.

Skills Trained:

LUNGE-LEVER-L STAND
TABLE TOP
CANDLESTICK
HANDSTAND
FORWARD ROLL
BACKWARD ROLL
PUSH UP TO BRIDGE
STANDING BACKBEND
BRIDGE KICKOVER
HANDSTAND FALL TO BRIDGE
CARTWHEEL



Flips! Beginner Class

Ages 6+

Prerequisite - see chart

Flips! Beginner Class introduces skill building using a variety of drills in our top-quality facility. After training in this class, athletes will have the ability to properly execute all beginner skills with correct technique. Once your athlete masters surface level skills, they will be able to advance into the Flips! Intermediate Class to begin training their back handspring skills.

Skills Trained:

FORWARD ROLL
BACKWARD ROLL
HANDSTAND (HOLD)
CARTWHEEL
ROUND OFF
HANDSTAND FALL TO BRIDGE
FRONT WALKOVER
BACK WALKOVER



Flips! Intermediate Class

Ages 6+

Prerequisite - see chart

In Flips! Intermediate Class, athletes are now ready to progress their tumbling abilities with standing and running back handspring skills. This class will focus on building strength and speed to increase power in their tumbling abilities. This class is great for school cheerleaders in need of developing tumbling for their team.

Skills Trained:

BACK HANDSPRING
RO BACK HANDSPRING
JUMP BACK HANDSPRING
RO HANDSPRING SERIES
JUMP BACK HANDSPRING



Flips! Advanced Class

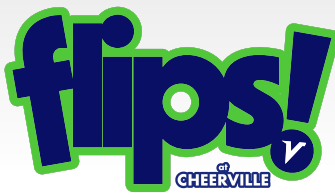
Ages 6+

Prerequisite - see chart

At this stage of training, athletes have mastered their intermediate tumbling skills and are ready to advance. This class will develop airborne skills such as tucks, layouts, and fulls. Instructors take a hands-on approach to build confidence with athletes to help them excel in their tumbling future!

Skills Trained:

ROUND OFF TUCK
RO BACK HANDSPRING TUCK
STANDING TUCK
CARTWHEEL - TUCK
RO BACK HANDSPRING LAYOUT
JUMP TO TUCK
SPECIALTY TO LAYOUT
RO BACK HANDSPRING FULL
CARTWHEEL - FULL
SPECIALTY TO FULL



REPORT CARD RULES

TUMBLING ASSESSMENT PROCESS

Tumble Assessments are a great way track your athlete's skill progression and receive feedback from our CheerVille Staff. Your Program Manager will send out specific details regarding the tumbling assessment schedule at your location.

Every athlete must achieve **3 STARS** in order to "level up" and test out of their current class. After leveling up, **all athletes are expected to maintain a mastery of the previous level skillset** to be enrolled in their current tumbling class. Inconsistent skills may result in an athlete being moved down to refine their lower level skills.

ATTENDANCE POLICY

Please make sure your athlete is attending each class they are enrolled in as attendance will be taken for all classes. Flips! class athletes who miss THREE classes in a row may be removed from the class roster to allow anyone on a waitlist to join the class.

Locate Tumble Assessment

Coaches will provide feedback under each skill for areas of improvement. To view your athlete's evaluation results:

Parent Portal



Evaluations



Select Class

Skill Rating Chart

1 ★

Attempted.

(skill was attempted, but did not complete correctly)

2 ★★

Needs improvement.

(technique was lacking or skill was inconsistent)

3 ★★★

Mastered.

(technique was strong, skill consistently performed)

Saturday, September 26th
Saturday, December 12th
Saturday, March 6th

2026-27 Tumble Assessment Dates

To register for a tumble assessment, please visit the the Parent Portal at www.CheerVille.com. The assessment will be listed under clinics and is free for all athletes to enroll.

FREQUENTLY ASKED QUESTIONS

HOW DO WE KNOW WHICH CLASS IS A GOOD FIT?

Upon your free trial class, your instructor will provide thorough feedback. They will assess your athlete's skills and recommend which class will be the right fit for them to continue to develop.

HOW MANY ATTEMPTS ARE ALLOWED PER SKILL?

Athletes are allowed two attempts for each skill when being evaluated.

WHAT IF WE MISS THE TUMBLING ASSESSMENT?

If you are unavailable that day/time, you will have the option to schedule a private lesson with an authorized coach to be evaluated. Please click on the private lesson link on our website at www.CheerVille.com. Coaches may also use their discretion to level an athlete up outside of the scheduled evaluation dates if they feel the athlete is fully prepared.

WHAT HAPPENS WHEN MY CHILD LEVELS UP?

Your athlete's class transfer will need to be completed through the Parent Portal. These steps include:

Access the Parent Portal > Under Student's Name, Click Enrollment > Transfer Enrollment and Select New Class.

WHAT IF WE MISS OUR SCHEDULED TUMBLING CLASS?

As a courtesy, we offer makeup tokens for missed classes. You can use these tokens in your Parent Portal to schedule a makeup class. You are limited to 2 makeup tokens per month, however, if you miss more than two classes in one month, please consult the Parent Portal to find a class that works better for your schedule. Athletes who miss 3 classes in one month may be dropped from the class.

WHAT HAPPENS WHEN THE GYM IS CLOSED FOR A HOLIDAY?

When the gym is closed, makeup tokens will be given for all tumble, flyer, flex, and jump classes. We will remain open for all scheduled private lessons and birthday parties over the holidays. Makeup tokens for gym closures do not count towards your 2 token monthly limit.

WHAT IF MY ATHLETE IS STRUGGLING ON A TUMBLE SKILL?

Each month, your gym provides tumbling skill clinics that are geared towards skill-specific drills for focused training. Athletes may also schedule private lessons with an authorized coach by clicking on the private lesson link on our website at www.CheerVille.com.



TUMBLING PROGRAM LEADERSHIP TEAM



Lance Sawyer
Tumbling Manager - Madison, AL
lsawyer@cheerville.com



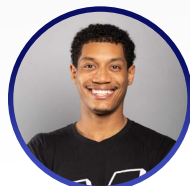
Owen Loeb
Tumbling Manager - Bowling Green, KY
oloeb@cheerville.com



Caleb Johnson
Tumbling Manager - Gallatin, TN
cjohnson@cheerville.com



Roman Polyachenko
Tumbling Manager - Mt. Juliet, TN
rpolyachenko@cheerville.com



Antonio Rios
Tumbling Manager - Nolensville, TN
arios@cheerville.com



Earl Lambert
Tumbling Manager - North Canton, OH
elambert@cheerville.com



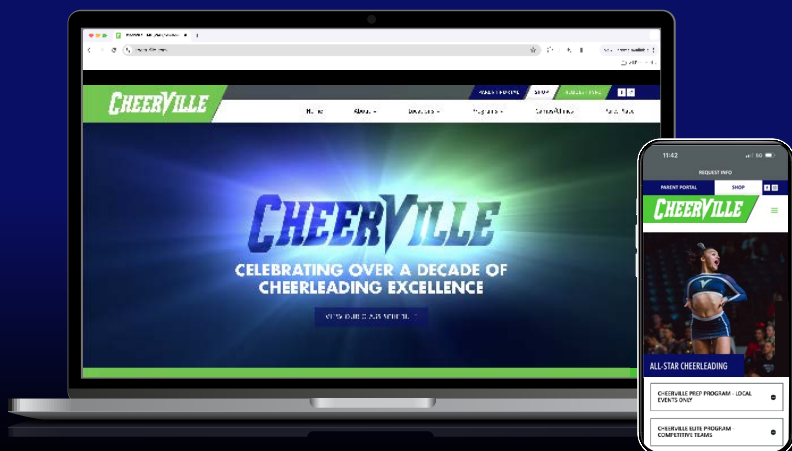
Michelle Rogers

Accounts Manager (mr Rogers@cheerville.com)

Questions about invoicing and payments.

VISIT OUR WEBSITE: WWW.CHEERVILLE.COM

FOLLOW US ON SOCIAL MEDIA!



@CheerVille



@cheerville



@TheCheerVille



@cheerville